

Does the patient breathe through their mouth a significant amount of the time during the:

Daytime	Yes	No
Nighttime	Yes	No
Has the patient had previous orthodontic treatment?	Yes	No
Has either parent had previous orthodontic treatment?	Yes	No
Has / does the patient play a musical instrument?	Yes	No
If yes, what instrument(s)? _____		
Have you consulted another dentist / orthodontist regarding the patient's orthodontic problem?	Yes	No

What is your chief concern with reference to the reason you want treatment done (the #1 problem that you want to make sure is "fixed" in treatment)? An example might be "I want the space between my front teeth closed". _____

Patient / Parent Signature _____
Date _____

TMJ AND AIRWAY EVALUATION

PAIN RELATED SYMPTOMS: (circle yes or no)

Do you get tension Headaches?	Yes	No
Do you get migraine Headaches?	Yes	No
Do you get headaches or tenderness in the temple areas?	Yes	No
Do you often have neckaches or stiff neck and / or shoulder muscles?	Yes	No
Have your teeth been sore upon awakening?	Yes	No
Does your jaw ache when you chew?	Yes	No
Do you, at times, have pain associated with your ear(s)?	Yes	No
Does your jaw ache when you open wide?	Yes	No
Do you have chronic back and / or shoulder pain?	Yes	No
Does either jaw joint give you pain?	Yes	No

When did the painful symptoms start? _____

How often do you have the pain? _____

Is the pain constant or intermittent? _____

What time of night or day is the pain usually most severe? _____

Do any of these activities cause discomfort /pain:

Yawning?	Yes	No
Chewing?	Yes	No
Swallowing?	Yes	No
Speaking?	Yes	No
Brushing teeth?	Yes	No
Turning your head?	Yes	No
Moving your neck?	Yes	No
Moving your shoulders?	Yes	No
Have you had any permanent teeth extracted?	Yes	No
Do you frequently need to use pain medication?	Yes	No
How often do you usually take medicine for the pain relief?	_____	

What medication do you take? _____

Have you consulted with, or had treatment from another doctor with regards to jaw joint pain, neck pain, back pain, headaches or related problems? Yes No

What was the doctor's name and phone number?

Dr's Name _____ Ph # _____

What was their diagnosis and treatment? _____

How effective was the treatment? _____

Did any treatment make you feel worse and how so? _____

TRAUMA OR ACCIDENTS:

Have you ever had a severe blow to the head or jaw?	Yes	No
Ever had any whiplash neck injuries?	Yes	No
Ever been in a serious accident, such as a car accident?	Yes	No

ORAL / JAW JOINT SYMPTOMS OTHER THAN PAIN RELATED:

Are your jaws clenched / tired when you wake up?	Yes	No
Do you grind your teeth when asleep?	Yes	No
Do you hear or feel clicking or popping from either jaw joint?	Yes	No
Are your jaw muscles tense or tired frequently?	Yes	No

Do you have difficulty opening wide or yawning?	Yes	No
Do you feel or hear grating noises in your ears when you move your jaws?	Yes	No
Do you experience dizziness?	Yes	No
Do you ever feel faint?	Yes	No
Are there foods you avoid due to discomfort during eating?	Yes	No
Has your jaw ever locked open or closed?	Yes	No
Is there a family history of TMJ problems or headaches?	Yes	No

AIRWAY, EAR AND EYE SYMPTOMS:

Do you have allergies?	Yes	No
Is it difficult for you to breathe through your nose?	Yes	No
Do you frequently mouth breathe?	Yes	No
Do you have sinus problems?	Yes	No
Do you snore?	Yes	No
Do you have trouble sleeping soundly?	Yes	No
How many times a night do you wake up (interrupting sleep)?	0 1 2 more	
Do you feel rested and refreshed in the A.M after waking?	Yes	No
Are you tired and sleepy during the daytime frequently?	Yes	No
Have you been told you have Sleep Apnea?	Yes	No
Is your nose stuffed when you don't have a cold?	Yes	No
Do you frequently need to use anti-histamines or other decongestants?	Yes	No
Do you have any hearing loss?	Yes	No
Do you have itchiness or stuffiness in either ear?	Yes	No
Do you hear ringing, buzzing or hissing sounds in either ear?	Yes	No
Do you get pain in, around or behind either eye?	Yes	No
Are there times when your eyesight blurs?	Yes	No
Do you wear glasses or contacts?	Yes	No

Patient / Parent Signature _____

Date _____